Goals

- Stop the seizure
- Protect the patient from injury
- Attempt to determine cause (e.g. stroke, toxins, hypoglycemia, hypoxia, alcohol withdrawal) and treat accordingly

For active seizures - Administer either diazepam 5 mg IV slow push repeated immediately x 1 if required (maximum 10 mg)
OR midazolam 5 mg IN repeated x 1 if required

Obtain a BGL reading; if BGL is less than 4.0 mmol/L, treat the hypoglycemia

Provide oxygen and ventilatory support during and after seizure

Tips

- Seizures caused by alcohol withdrawal can be lifethreatening
- Document the type of seizure as well as the duration of both the seizure and postictal phase
- Contact clinical support for high risk seizure patients requesting no transport (refer to Altered LOC CPG)

